## CALLING ALL DADS OF PRIMARY SCHOOL GIRLS



The world-first Daughters & Dads Cricket Program is coming to Newcastle!

## DO YOU WANT TO...

- Improve your daughter's cricket skills?
- Participate in a fun program together to improve your daughter's enjoyment and engagement in cricket?
- Help your daughter improve her social-emotional well-being?

## WHAT IS THE DAUGHTERS & DADS CRICKET PROGRAM?

- Consists of 8 x 90 minute sessions including:
  - 1 x dads-only workshop.
  - 7 x daughters and dads sessions.
- Daughters and Dads attend weekly sessions together, focusing on:
  - Cricket skill development (e.g., batting, bowling, fielding).
  - Well-being education aimed at developing your daughter's self-esteem, emotional regulation, confidence and resilience.
  - Rough and Tumble Play.
  - Cricket games and fitness.
- Targets primary school girls aged 7-12 years old and their dads (or father figure).



There are limited spaces available.

BOOK ONLINE



Location: Kotara High School

Lexington Parade, Adamstown

Time: 5:45 - 7:15pm

Cost: \$110 (per Daughter and Dad pair)

Book online: <a href="https://danddkotaraschool.eventbrite.com.au">https://danddkotaraschool.eventbrite.com.au</a>

## **Need more details?**

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